



## Complementary Therapy Volunteer

### Who we are

A parent never imagines their child will be diagnosed with a life limiting or life threatening condition. But when the unimaginable happens, Acorns Children's Hospice steps in.

Our dedicated teams provide specialist tailored care, including complex medical care, short breaks and emotional and practical support for babies, children and young people and their families, at our three hospices in Birmingham, Walsall and Worcester as well as in the community.

### Why we need you

At Acorns we know parents and carers of a life limited or life threatened child or young person often have to deal with stressful and anxious situations and have little time to focus on their own needs.

Our Complementary Therapy Volunteers provide a wonderful opportunity for our parents and carers to have a bit of 'me' time and relax in a safe and welcoming environment. We'd love to welcome trained therapists, particularly those qualified in aromatherapy, massage or reflexology to help us support our Acorns families.

### What you'll be doing

Volunteering alongside our Care Services team, our Complementary Therapy Volunteers:

- Welcome our parents/carers when they arrive for a treatment
- Discuss the therapy with each individual and ensure their suitability for the therapy, making adaptations as necessary
- Prepare the therapy room prior to each treatment and tidy away at the end of each session
- Are responsible for the privacy and safety of our parents/carers during a therapy session

## How much time will it take?

Complementary Therapy Volunteers are asked to complete our online basic training modules and an in-person induction session which together takes 2-3 hours to complete.

Once trained, volunteering with us is flexible but we ask for a commitment of at least one morning or afternoon a fortnight.

Volunteers are required to complete an Enhanced DBS (Disclosure and Barring Service) Check, which we will pay for and process for you.

## Am I right for the role?

Complementary Therapy Volunteers need to:

- Have a minimum of one year's demonstrable experience of delivering complementary therapy in a face-to-face environment
- Be qualified in your field and covered by your own insurance
- Have a warm and friendly personality
- Be sensitive to the needs of our families
- Be willing to learn about the importance of confidentiality, boundaries and safeguarding within Acorns

## Why volunteer at Acorns?

- Make a difference to the work we do and help to improve the lives of families of children with life limiting or life threatening conditions
- Support our parents/carers to have some time to themselves and an opportunity to receive complementary therapies that they would otherwise generally not be able to access
- Enable our children and their families to enjoy activities together or individually and make memories
- Connect with like-minded people and make new friends
- Enhance your CV by learning new skills and gaining valuable experience
- We'll give you a reference for future work or volunteering
- Invites to social events and participation in our volunteer recognition schemes and awards
- Access to our free online training to support and develop your volunteering
- Travel expenses available



## Great! How do I sign up?

You can apply for all of our volunteer vacancies on our website [acorns.org.uk/volunteer](https://acorns.org.uk/volunteer)

Or for more information please contact:  
[volunteer@acorns.org.uk](mailto:volunteer@acorns.org.uk)